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Exam 1: NUR163/ NUR 163 (NEW 2023/ 2024) Concepts of Practical Nursing in the Care of Elderly Patients Exam Review| Complete Guide with Verified Answers| 100% Correct – Hondros

QUESTION
Best Practice guidelines for VS

Answer:
1. establish baseline to identify changes
2. T-oral, unless poor muscle control or bone loss in mouth, may use sensor across forehead (reading can be inaccurate)
3. P-radial (do not fully occlude), apical (auscultate for one whole minute)
4. R-changes can be sign of infection
5. BP-upper extremity, level with heart. Orthostatic BP, especially if dizzy or lightheaded, (positive is a shift of 20+)

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QUESTION
Full health assessment

Answer:
Family Hx, Physical exam (BMI, cognitive, functional), VS, health promotion activities, Advanced directives

QUESTION
Onset

Answer:
When did this start?

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QUESTION
Precipitating

Answer:
What caused the start? What led up to you first noticing the pain?

QUESTION
Provocation

Answer:
What makes it worse?

QUESTION
Palliative

Answer:
What makes it better? This suggests a Tx.

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QUESTION
Quality

Answer:
What does it feel like?

QUESTION
Quantity?

Answer:
On a scale of 1-10, with 10 being the worst pain you can imagine...

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QUESTION
Region

Answer:
Where is it?

QUESTION
Radiation

Answer:
Does it radiate anywhere?

QUESTION
Severity

Answer:
How severe is it?

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QUESTION
Treatments

Answer:
Has anyone tried to treat it and was it effective?

QUESTION
Understanding

Answer:
Do you know having surgery will make it hurt?

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